

# March 2010

## Colorado Taekwondo Institute – Green Mountain Campus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	<b>1</b> 4:00pm - 6 to 10 yrs (Purple & Brown) 4:30pm - Tigers 5:00pm - 5 to 11 yrs 5:00pm - 12 yrs & up <b>6:00pm - Black Belt Club Class</b> 7:00pm - Adults	<b>2</b> 4:00pm - 5 to 8 Beg 4:00pm - 5 to 8 Int 5:00pm - 9 & up Beg 5:00pm - 10 to 13 Adv 6:00pm - 14 & up Adv <b>7:00pm - Cardio</b>	<b>3</b> 4:30pm - Tigers 5:00pm - 5 to 11 yrs 5:00pm - 12 yrs & up 6:00pm - 5 to 9 yrs <b>6:00pm - Junior Black Belts</b> 7:00pm - Adults	<b>4</b> 4:00pm - 5 to 8 Beg 4:00pm - 5 to 8 Int 5:00pm - 9 & up Beg 5:00pm - 10 to 13 Adv 6:00pm - 14 & up Adv <b>7:00pm - Cardio</b>	<b>5</b> 4:00pm - 6 to 10 yrs (Purple & Brown) 5:00pm - Specials 6:00pm - 5 to 9 yrs <b>6:00pm - Junior Black Belts</b> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <b>6:00pm LOCK-IN</b> </div>	<b>6</b>
7	<b>8</b> 4:00pm - 6 to 10 yrs (Purple & Brown) 4:30pm - Tigers 5:00pm - 5 to 11 yrs 5:00pm - 12 yrs & up <b>6:00pm - Black Belt Club Class</b> 7:00pm - Adults	<b>9</b> 4:00pm - 5 to 8 Beg 4:00pm - 5 to 8 Int 5:00pm - 9 & up Beg 5:00pm - 10 to 13 Adv 6:00pm - 14 & up Adv <b>7:00pm - Cardio</b>	<b>10</b> 4:30pm - Tigers 5:00pm - 5 to 11 yrs 5:00pm - 12 yrs & up 6:00pm - 5 to 9 yrs <b>6:00pm - Junior Black Belts</b> 7:00pm - Adults	<b>11</b> 4:00pm - 5 to 8 Beg 4:00pm - 5 to 8 Int 5:00pm - 9 & up Beg 5:00pm - 10 to 13 Adv 6:00pm - 14 & up Adv <b>7:00pm - Cardio</b>	<b>12</b> 4:00pm - 6 to 10 yrs (Purple & Brown) 5:00pm - Specials 6:00pm - 5 to 9 yrs <b>6:00pm - Junior Black Belts</b>	<b>13</b> <b>7:00am - All Black Belts @ Grn Mtn</b> 8:30am - Tiger Test @ Green Mountain 9:00am - Junior Test (5 to 8 yrs) @ Grn Mtn 10:00am - Promotion Test (9 yrs & up)
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <b>Please note schedule changes this week</b> </div>	<b>15</b> 4:00pm - 6 to 10 yrs (Purple & Brown) 4:30pm - Tigers 5:00pm - 5 to 11 yrs 5:00pm - 12 yrs & up <b>6:00pm - Black Belt Club Class</b> 7:00pm - Adults	<b>16</b> 4:00pm - 5 to 8 Beg 4:00pm - 5 to 8 Int 5:00pm - 9 & up Beg 5:00pm - 10 to 13 Adv 6:00pm - 14 & up Adv <b>7:00pm - Cardio</b>	<b>17</b> 4:30pm - Tigers 5:00pm - Class 6:00pm - Class 7:00pm - Adults	<b>18</b> 4:00pm - Class 5:00pm - Class 6:00pm - Advanced <b>7:00pm - Cardio</b>	<b>19</b> 4:00pm - Class	<b>20</b> 7:00am - Power TKD 8:00am - Master's Club 9:00am - LeAD & STEALTH Teams
<div style="border: 1px solid black; padding: 5px; width: 100%;"> <b>AMASEA National Convention</b> </div>						
21	<b>22</b> 4:00pm - 6 to 10 yrs (Purple & Brown) 4:30pm - Tigers 5:00pm - 5 to 11 yrs 5:00pm - 12 yrs & up <b>6:00pm - Black Belt Club Class</b> 7:00pm - Adults	<b>23</b> 4:00pm - 5 to 8 Beg 4:00pm - 5 to 8 Int 5:00pm - 9 & up Beg 5:00pm - 10 to 13 Adv 6:00pm - 14 & up Adv <b>7:00pm - Cardio</b>	<b>24</b> 4:30pm - Tigers 5:00pm - 5 to 11 yrs 5:00pm - 12 yrs & up 6:00pm - 5 to 9 yrs <b>6:00pm - Junior Black Belts</b> 7:00pm - Adults	<b>25</b> 4:00pm - 5 to 8 Beg 4:00pm - 5 to 8 Int 5:00pm - 9 & up Beg 5:00pm - 10 to 13 Adv 6:00pm - 14 & up Adv <b>7:00pm - Cardio</b>	<b>26</b> 4:00pm - 6 to 10 yrs (Purple & Brown) 5:00pm - Specials 6:00pm - 5 to 9 yrs <b>6:00pm - Junior Black Belts</b>	<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <b>Pizza Making and Delivering</b> </div>
28	<b>29</b> 4:00pm - 6 to 10 yrs (Purple & Brown) 4:30pm - Tigers 5:00pm - 5 to 11 yrs 5:00pm - 12 yrs & up <b>6:00pm - Black Belt Club Class</b> 7:00pm - Adults	<b>30</b> 4:00pm - 5 to 8 Beg 4:00pm - 5 to 8 Int 5:00pm - 9 & up Beg 5:00pm - 10 to 13 Adv 6:00pm - 14 & up Adv <b>7:00pm - Cardio</b>	<b>31</b> 4:30pm - Tigers 5:00pm - 5 to 11 yrs 5:00pm - 12 yrs & up 6:00pm - 5 to 9 yrs <b>6:00pm - Junior Black Belts</b> 7:00pm - Adults	<b>1</b> 4:00pm - 5 to 8 Beg 4:00pm - 5 to 8 Int 5:00pm - 9 & up Beg 5:00pm - 10 to 13 Adv 6:00pm - 14 & up Adv <b>7:00pm - Cardio</b>	<b>2</b> 4:00pm - 6 to 10 yrs (Purple & Brown) 5:00pm - Specials 6:00pm - 5 to 9 yrs <b>6:00pm - Junior Black Belts</b>	<b>3</b>